



Menu

STARTERS

CAPRESE SALAD - 17.9

Fresh buffalo mozzarella, fresh tomato, EVO & fresh basil. [Add house made focaccia +5.0]

FOCACCIA - 8.5

Rosemary, EVO, salt
[Add Garlic +0.5]

PIZZA BRUSCHETTA - 17.9

Focaccia topped with fresh cherry tomato, buffalo stracciatella, balsamic glaze, basil, EVO, sea salt

ARANCINI AL RAGU` - 14.9

Traditional Italian fried Arancini of rice coated with breadcrumbs & a delicious centre of peas, fior di latte & Ragù` sauce. [4 per serve]

ARANCINI AI FUNGHI - 15.9

Saffron, mushroom medley, onion & parmesan risotto coated with breadcrumbs & fried
[4 per serve]

CALAMARI CON SEMOLA - 14.9

South Australian squid dusted in semolina flour & pepper, served with garlic aioli

CHIPS - 8.0

Bowl of chips served with tomato sauce

POTATO WEDGES - \$10.0

Your choice of potato wedges or sweet potato chips served with sour cream & sweet chilli sauce

MONTANARE

MONTANARA - 12.9

Naples style fried pizza balls topped with buffalo ricotta, parmesan, San Marzano tomato & fresh basil [3 per serve]

ARICCETTE - 14.9

Naples style fried pizza balls topped with our tasty slow cooked porchetta, roasted capsicum cream & friarielli [3 per serve]

SOUP

SOUP OF THE DAY - 12.5

Please ask our friendly staff for today's soup of the day [Seasonal & subject to availability]

Kitchen Hours

MONDAY - FRIDAY 7.30am-3.00pm

PASTA

Select one of the following pastas to enjoy with your favourite sauces below;

PENNE | SPAGHETTI | GNOCCHI (+4.0)

(add \$4 to the pasta price for Gnocchi)

(add \$3 to the pasta price for Gluten Free Penne)

NAPOLETANA - 21.9

Traditional Neapolitan sauce & basil

BOLOGNESE - 23.5

Traditional veal & pork Bolognese sauce & parmigiano

CARBONARA - 24.9

Crispy guanciale, egg yolk, pecorino & cracked pepper (no cream)

AMATRICIANA - 23.9

Traditional Amatriciana tomato sauce, pancetta, onion & pecorino

ORTOLANA - 25.5

Zucchini pesto, onion, pumpkin, peas, zucchini & parmigiano

MAINS

POLLO PARMIGIANA - 24.9

Butterflied chicken breast, coated in breadcrumbs, fried & topped with ham, mozzarella & Neapolitan sauce. Served with chips & salad

CALAMARI CON SEMOLA - 26.0

South Australian baby trawl squid dusted in semolina flour, served with aioli & a garden salad

FISH & CHIPS - 25.9

Fried battered fillet of fish served with chips & salad

BURGERS

CHEESE BURGER - 21.9

Pure Angus beef patty, butter pickles, double cheese, onion, lettuce, mustard aioli & tomato sauce

CRISPY CHICKEN BURGER - 20.9

Southern style crispy chicken, bacon, tomato, lettuce, onion & peri peri aioli

VEGANA BURGER - 21.9

Felafel patty, tomato, onion, beetroot relish, lettuce & vegan aioli

All burgers are served with chips

SALADS

EOV CHICKEN SALAD - 22.9

Grilled chicken, avocado, cherry tomatoes, red onion, carrot, fetta, baby cos lettuce & green goddess dressing

CHICKEN CAESAR SALAD - 20.9

Baby cos lettuce, grilled chicken, bacon, shaved parmesan, crutons, poached egg, anchovies & caesar dressing

LENTIL & PUMPKIN SALAD - 21.9

Roast pumpkin, braised lentils, sweet corn, cherry tomatoes, cucumber, beetroot relish, rocket & sweet balsamic.

FOCACCE

CHICKEN PARMI - 13.9

Toasted focaccia with Parmigiana style chicken schnitzel, napoletana sauce, fior di latte & spinach

VEGANA - 12.9

Toasted focaccia with zucchini pesto, beetroot relish, pumpkin, roasted capsicum & rocket

POLLO - 13.5

Grilled chicken, avocado, swiss cheese, baby cos lettuce & aioli

BAGELS

TACCHINO - 13.9

Fresh Bagel with roast turkey, bacon, swiss cheese, spinach & mustard aioli

RUBEN - 12.9

Fresh bagel with roast beef, pastrami, cheese, sweet pickles & Russian aioli

PORCHETTA - 13.5

Fresh bagel with porchetta, provolone, tomato, cos lettuce & mustard aioli

DESSERT

NUTELLA PIZZA - 17

Nutella, strawberries, mascarpone & dusted with icing sugar

LOADED ZEPOLINE - 12.9

Deep fried mini pizza balls coated with sugar & drizzled with Nutella, mascarpone & crushed amaretti biscuits

SWEET MONTANARA - 14.9

Deep fried pizza balls filled with white chocolate, dusted in sugar & served with cream.

PIZZA

PIZZA [9 inch or 13 inch]

MARGHERITA - 14.9 / 18.9

San Marzano tomato, fior di latte, Grana Padano parmesan, basil [Buffalo Mozzarella +4.5]

NORMA - 15.9 / 22.9

San Marzano tomato, fior di latte, fried eggplant, Grana Padano parmesan, buffalo ricotta & basil

BOSCAIOLA - 16.9 / 23.9

San Marzano tomato, fior di latte, pork & fennel sausage, Swiss mushroom, oregano, EVO

BUFALA E CRUDO - 21.9 / 26.9

San Marzano tomato, buffalo mozzarella, San Daniele prosciutto, rocket & Grana Padano parmesan

CAPRICCIOSA - 17.9 / 24.9

San Marzano tomato, fior di latte, triple smoked ham, Swiss mushroom, olives, oregano

VEGGIE LOVER - 16.9 / 23.9

Zucchini cream, fior di latte, cherry tomato, roasted pumpkin, friarielli (wild Italian Broccolini)

SALSICCIA E FRIARIELLI - 16.9 / 23.9

Fior di latte, pork & fennel sausage, Grana Padano parmesan, friarielli (wild Italian broccolini)

HOT SALAME - 15.9 / 22.9

San Marzano tomato, fior di latte, chilli coated Hot salame, olives

MEAT LOVER - 19.9 / 25.9

San Marzano tomato, fior di latte, porchetta, pork & fennel sausage & triple smoked ham
[If you like it spicy? Swap ham for HOT salame]

REBECCA - 18.9 / 24.9

Buffalo ricotta, gorgonzola, walnuts, honey & pepper
[4 cheese pizza also available if preferred]

ARTISAN GLUTEN FREE PIZZA +2.5

Est Ovest makes its own gluten free bases in a 10" size. Simply select your favourite pizza variety above & ask for Gluten Free

CALZONE

CALZONE RUSTICO - 25

San Marzano tomato, fior di latte, triple smoked ham, Swiss mushroom & topped with San Marzano & Grana Padano parmesan

CALZONE VEGETARIANO - 25

Zucchini cream, fior di latte, cherry tomato, roasted pumpkin, friarielli (wild Italian Broccolini) & topped with San Marzano & Grana Padano parmesan

SOFT DRINKS

COKE RANGE

Coke - Coke No Sugar - Diet Coke -
Sprite - Lift - Fanta

FEVER TREE

Ginger Ale - Mediterranean Tonic Water

SAN PELLEGRINO

Chinotto - Aranciata Rossa

SAN PELLEGRINO WATER

Sparkling Water (250ml | 500ml | 1000ml)
Aqua Panna Still Water (500ml | 1000ml)

BESA JUICES

Orange - Apple - Pineapple - Pear -
Apple & Strawberry

LIPTON ICE TEAS

Lemon - Peach

Cin Cin!

COFFEE

Espresso	Macchiato	Piccolo
Caffe Latte	Cappuccino	Mocha
Flat White	Long Black	Chai Latte
Hot Chocolate	Dirty Chai	Affogato
Vienna Coffee	Vienna Chocolate	
Corretto	Italian Hot Chocolate	

MILKSHAKES | THICKSHAKES

Chocolate | Strawberry | Vanilla | Lime | Banana |
Caramel | Coffee

ICED DRINKS

Iced Chocolate | Iced Coffee | Iced Mocha

LIQUEURS COFFEE

Irish | Italian

TEA TONIC TEA

Cup of Tea | Mug of Tea | Pot of Tea for One

TEA VARIETIES

English Breakfast | Earl Grey | Coconut |
Chai | Green | Berry Green | Peppermint | Chamomile |
G.L.E.W.(Ginger, Lemongrass Echinacea & White tea)

Est Ovest's tea of choice is *tea tonic*
Australian owned & made
Australian certified organic - unbleached tea bags

WHITE WINE

BOTTEGA PROSECCO DOC

Veneto, ITALY

Glass - 9.5 Bottle - 45.0

MONTEVENTO PINOT GRIGIO DOC

Veneto, ITALY

Glass - 9.5 Bottle - 45.0

SHAW & SMITH SAUVIGNON BLANC

Adelaide Hills, SA

Bottle - 49.0

RED WINE

POGGIO ANIMA 'BELIAL' SANGIOVESE

Tuscany, Italy

Glass - 9.5 Bottle - 45.0

MAIN & CHERRY SHIRAZ (Vegan)

McLaren Vale, SA

Bottle - 49.0

ROSE`

HUSTLE & VINE PINOT ROSE` (Vegan)

McLaren Vale, SA

Glass - 11.5 Bottle - 51.0

BEERS

MENABREA

Biella, Italy

10.0

PERONI LEGGERA (Light)

Roma, ITA

8.5

PERONI ROSSA LAGER

Roma, ITA

9.5

CORONA

Mexico

9.5

JAMES BOAGS PREMIUM

Tasmania

9.0

COCKTAILS

APEROL SPRITZ - [15]

Aperol, Prosecco, soda

CAMPARI SPRITZ - [16]

Campari, Prosecco, soda

PISCO | SLOE GIN | WHISKEY SOUR - [17]

Pisco or Sloe Gin or Whiskey, fresh lime, egg
white, Sugar Syrup

NEGRONI - [18]

Campari, Gin, Vermouth

ESPRESSO MARTINI - [17]

Vodka, Frangelico, Baileys, Espresso,
sugar syrup